

WINDSOR SIXTH FORM SUMMER WORK



A Level Psychology

The Brain: A Secret History' <https://thoughtmaybe.com/the-brain-a-secret-history/>

Access the above documentary using the link, or if the link is no longer available, find the documentary on YouTube. It will give you a really good understanding of what psychology is and ignite your passion for studying it. It is a three-part documentary in which Dr Michael Mosley traces the history of the attempts to understand and manipulate the brain.

- 1) **Mind Control:** The first part of the series traces the sinister ways this science has been used to try to control our minds including delivering electric shocks to change people's sexuality. Michael also takes a hallucinogenic drug as part of a controlled experiment to try to understand how its mind-bending properties can change the brain.
- 2) **Emotions:** The second part of the series investigates how scientists have struggled to understand that most irrational and deeply complex part of our minds - our emotions.
- 3) **Broken brains:** The final part of the series looks at how people with damage to areas in their brains have helped scientists understand how our brains work and what functions are associated with different parts of the brain.

Use the information from all three parts of the documentary to answer the following question:

'How has experimental psychology contributed to our understanding of human behaviour?'

If you struggle to answer this question, please provide a summary of the documentaries and your thoughts on it. Write approximately two/three sides of A4 if handwritten or one side if typed.

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